Week seven 13th –16th April

Read	Think
Matthew 28: 1-15	The idea of individual resurrection
Mark 16: 1-19	was not in the Jewish religion. People would only be raised at
Luke 24: 1-12	judgement day.
John 20: 1-18	How do the similarities and differences in each gospel account
	help verify the truth of the



differences in each gospel account help verify the truth of the resurrection? Why is the resurrection such an

important event?

Reflect

Knowing the resurrection to be true, what difference does it make to your outlook on life?

How can you share that assurance of eternity and the hope you have in Jesus?

How can we celebrate the resurrection and the hope we have every day?

Action

Deliver an Easter gift to a neighbourmaybe hot cross buns or an Easter egg. You could attach a label with a verse on such as Luke 24: 5 or one of your own choosing.

"Why do you look for the living among the dead? He is not here. He has risen."

Pray

Spend time praising God for the resurrection and all it means.

Thank God for the assurance of your salvation and the future hope of heaven.

Pray for your neighbours.

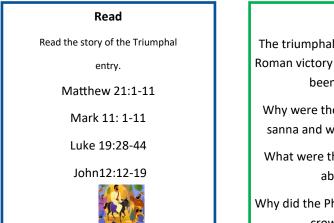
Lent 2022



URC Yorkshire Synod

2nd March-16th April

Week one 2nd –8th March



Think

The triumphal entry is a parody of a Roman victory parade after a city has been conquered.

Why were the crowd shouting Hosanna and what does this mean?

What were the crowd recognizing about Jesus?

Why did the Pharisees try to stop the crowd shouting?

Reflect

How often and for how long do you spend time in praise of Jesus?

Why is it important to find time to praise Him?

What stops us from finding time?

Do we need to change anything in our routine to find more time for praise?

Find some psalms of praise and use them as a way of praising God. You might like

Action

How are you going to make more time to praise God? How can you bless someone this week?

Prayer

Use your prayer time this week to praise God and thank Him for His blessings.

Pray for those working at the DGH and local care homes.

Week six 6th-12th April

Read Read the story of the burial of Jesus. Matthew 27: 57-66 Mark 15: 42-47 Luke 23: 50-56 John 19: 38-42

Think

It would not have been usual for a criminal to be buried in a tomb. These were reserved for rich and important people.

How would Jesus' followers have felt after His death?

Although Jesus had told His followers that He would rise, why didn't they believe it?

Why do you think they found it so

Reflect

The disciples must have felt really let down when Jesus was killed-they believed He was going to rescue them.

Have you ever felt let down by God?

What was your response and how did it all turn out?

How hard is it for us to be patient and trust God when things aren't working out

Action

Joseph of Arimathea gave his tomb for Jesus to be buried. What have you got that you could give away?

Who could you bless with a gift?

Pray

Read Psalm 40 and use it as a prayer.

Pray for the CAP ministry, Food Bank and other organisations that aim to help those who are struggling.

Week five 30th March– 5th April

Read

Read the story of Jesus' death on the

cross

Matthew 27: 32-55

Mark 15: 21-41

Luke 23: 26-49

John 19: 17-37



Think

Cucifixion was reserved for the lowest criminal and was the cruelest, most painful punishment of all.

What is the significance of this form of death for Jesus?

How can we apply the ideas of atonement, sacrifice and redemption to the cross?

Which of these words helps you the most in your understanding of what

Reflect

Listen to one of these songs

wonder of the cross | Last my mind to Calvary

and as you do, reflect on God's amazing love for you and how it has impacted your life.

Reflect on the impact of Jesus' death on the world.

Think about how Jesus' death even impacts on those who don't believe. How can

Action

Write your testimony and ask God to give you an opportunity to share it this week.

Pray

Thank God for His love for you that led Jesus to the cross.

Seek God's forgiveness and renew your commitment.

Pray for the ministry of Victoria Baptist

Week two 9th –15th March

Read

Read the story of Jesus washing His disciples' feet.

John 13: 1-17



Think

Washing someone's feet was the job of the lowliest servant or slave in the house.

Why is this such a significant story?

What does it tell us about the kingdom?

Why did Peter object?

Look at verses 9 and 10-what is your

Reflect

God provides us with gifts, but He also calls us to serve. We don't need any particular gift to serve other people.

In what ways can you serve your family, friends and community over and above your gifting?

What stops us from serving others or from being served?

Action

Spend some time in quiet reflection and allow Jesus to minister to you. How can you be a servant in the Kingdom this week?

Pray

Thank God for the example that Jesus gives us and ask Him to help you to become a better servant.

Pray for young people and children struggling during lockdown.

Week three 16th-22nd March

Week four 23rd –29th March

Read

Read the story of the last supper.

Matthew 26: 17-35

Mark 14: 12-26

Luke 22: 7-38



Think

The Passover was a celebration of God's action to free the Hebrews from slavery and here we see Jesus referring to Himself as the sacrifice for our freedom.

How does Jesus show His divinity in this event?

Why are the betrayal and denial important?

Reflect

Reflect on the freedoms you now have as a Christian as a result of Jesus' sacrifice. How would you explain that to someone else?

What has God asked you to sacrifice as a follower of Jesus?

If you come to Home group this week, please be prepared for taking communion together.

Read

Read the story of Jesus praying in Gethsemane.

Matthew 26: 36-46

Mark 14: 32-42

Luke 22: 39-45



Think

Jesus knew what lay ahead, and needed to draw strength from God to equip Him.

Why was Jesus so distressed?

What can we learn from the way Jesus prayed at this difficult time?

Do you have sympathy for the disciples?

Reflect

Why do we get so distracted when we pray?

How can we improve our prayer life?

Do we always turn to prayer as our first response to anxiety or distress?

When has prayer felt really powerful for you? Why do you think that is?

Action

Read and memorise

John 13:34 & 35.

Keep a record this week of how you have demonstrated God's love to oth-

Pray

Thank God for Jesus' sacrifice and for your freedom in Him.

Take time to confess your sins and ask the Spirit to give you renewed strength.

Pray for the government.

Action

Offer to pray with someone who is struggling.

Try to make more time to pray this week. Maybe you could start a prayer diary.

Pray

Read the Lord's prayer each day this week, personalising it as you see fit. Reflect on each phrase as you pray.

Pray for someone you know who doesn't know Jesus yet.