

Sunday morning
teaching plan

Date:
5th April
2026

TITLE:	Easter
THEME:	The Life of Jesus
AIM:	To understand the significance of Easter at the heart of the Christian faith.

BACKGROUND AND CONTEXT

There is good hard historical evidence that a man called Jesus was executed by the Romans about 2000 years ago, and that his followers were soon claiming that he had risen from the dead. These claims were strong enough for thousands to join the followers, and for most if not all of the original disciples to face torture and death rather than go back on their story. If we accept the Gospels as historically reliable documents (and in terms of the age of the documents and the number of copies that have survived, any serious historian would have to accept them as excellent historical sources), then the simplest explanation for these historical events is that Jesus did precisely what he said he was going to do - to die and then be raised from the dead three days later. If we accept that he did this, then we also have to accept his explanation as to why he would be able to do so - that he was and is the Son of God in human form.

WARM UP

Games

1. Egg and spoon race.
2. Stick Circle. All have sticks and on the count of 3 they must move to the next stick without letting it drop.
3. Paper plate head drawing. Draw your face whilst your paper plate is on your head. 1 min timer.
4. Egg race. Decorate a boiled egg. Roll the egg down the hill. Who's can get the furthest position without breaking.

MAIN TEACHING

Of First Importance

What do you think Easter is all about? Can you give me 5 points that sum up what Easter is all about?

Read 1 Corinthians 15:1-8.

Paul is describing the central truths of his gospel, the things that he says are most important (v2).

What are the main points that Paul identifies here about the gospel?

- Christ died for our sins;
- He was buried and raised from the dead;

- lots of people saw Him;
- all this was predicted centuries in advance in the Old Testament.

Ask:

Why do we think Jesus' resurrection is so important?

If Jesus had died to pay for our sins and then not been raised from the dead, would it matter?

Read 1 Corinthians 15:12-14, 17-19 to see Paul's answer to that question.

Discuss this. Do they understand it?

Although Jesus death paid the price for our sins, his resurrection demonstrates to us that he was successful, and that he has beaten death for us. As a result, we don't have to be afraid of what happens when we die, because Jesus has gone ahead of us - one day, we will be raised from the dead like Jesus was, and will be with Jesus in heaven forever. Paul was very clear that Christianity wasn't just something to help us live our lives on earth (v19), it was also something with eternal significance.

Teaching Point: To understand that belief in Jesus' resurrection is an essential part of Biblical Christianity.

TAKEAWAY

Easter egg hunt around the church after the service.

EXTRA INFORMATION

Equipment:

Eggs

Egg and spoon race items

5-6 sticks.

Paper plates.

Prizes

Pens