

# Ministry catalogue

# VICTORIA

Baptist Church Eastbourne

# Life Groups

Friendship, Faith and Fun at the heart of our community

**Ministries and activities @VBC**



Because life is better together



## WELCOME TO VBC LIFEGROUPS



Hi my name is Jez Taylor and I am the coordinator of Life Groups at VBC.

Here at VBC we believe that being part of a Life Group is an essential part of our spiritual journey and enables us to become better disciples of Jesus. The vision of VBC is ***to see the name of Jesus honoured in Eastbourne and beyond.*** Life Groups are

a key part of this vision. We believe that every person connected with VBC should belong to a group.

## WHAT ARE LIFE GROUPS?

Life groups provide:

- A place to learn and ask questions about God, Jesus and the Bible
- A place to make friends and strengthen friendships
- A place to pray and to learn to pray
- A place to be honest about ourselves with people we trust
- A place to have fun and enjoy life with others
- A place to grow in your faith and develop your gifts
- A place to serve the church and the community

The Directory lets you know what each group is like and gives you an insight in to the way they function. Every group is different and contributes to the life of the church in a different way. It may take time to find the group that best suits you. That's fine , we don't mind you trying groups out for a while!

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## WHEN DO THEY MEET?

There are daytime and evening groups available.

Each group decides what is best for them. If there is no group that suits you, we **may** be able to start a new one.

## WHAT ABOUT CHILDCARE?

Baby/child sitting is an option for evening groups, but you would need to arrange that yourself.

## HOW DO I JOIN A GROUP?

Email [Jez@victoriabaptist.org.uk](mailto:Jez@victoriabaptist.org.uk)

Speak directly to a group leader if you know them.

## CAN I CHANGE GROUPS ?

Of course. Either speak to Jez or just ask a new group leader.

There are always times when we need a bit of a change!



### Bruce Bird – Lighthouse Group

We are the Lighthouse Life Group. We meet every Tuesday evening from 6:30pm in Old town.

We start with hospitality - a hot drink, cake, and catching up with one another - before moving onto Bible study based on the teaching received at church. We leave plenty of time for prayer to round off our evening.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Fortnightly Tuesday 6.30pm  
Old Town



### Dave and Iryl Thomson

We rotate the location between different homes although not everyone needs to host. We tend to follow the series being done at Church, although we do mix it up a bit with anything that may be on someone's mind. We always finish with a period of prayer. Then it's time for tea and cake. We like to socialise with picnics, BBQs and meals .

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Fortnightly Thursday 7.30pm  
Across town, different locations



### Paula Burr

Paula is keen to welcome new members. Most of the members live in the Willingdon/Polegate area of town. There is a time of catching up with refreshments followed by Bible study. They plan regular socials.

**CONTACT** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Wednesdays 7.00pm fortnightly  
Willingdon/ Polegate

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## The Collective:

The Group share leadership and decisions. We explore our faith through biblical studies, prayer, discussion as well as food, fun and times of social activities.

We also offer prayer support for our CAP ministry.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Weekly on a Tuesday, 7.30pm  
Upperton/Meads



## Jez and Sandra Taylor

Our format is quite relaxed and we discover the Bible together. We often go off on a tangent in our discussions. We always have coffee and cake and sometimes we have a meal together, or go out for chips and a walk. We like to pray for the church, the nation and each other's needs.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** 2nd and 4th Wednesday 7.30pm  
Term time only Various locations



## Deirdre Dean

We rotate the venue to share hosting and most members are happy to lead a session from time to time but it isn't an essential. We enjoy great fellowship and friendship, learning more about the Bible and ourselves. We deeply value our times of prayer. We are quite informal and enjoy chatting. We love cake and meet up socially on a regular basis. We would welcome newcomers.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** 1st and 3rd Thursday 7.30pm  
Old Town/Ratton

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## Chris and Sue Coles



We see ourselves as a collective and share responsibilities, hence no picture. We publish a programme for each “term” time to allow members of the group to plan in advance. **John and Ingelore** are looking after the group whilst Chris and Sue take a sabbatical. We are homely and relaxed and enjoy good Bible study as well as cake. We like to discuss and pray for the needs of the church.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** 1st and 3rd Tuesday 7.30pm  
Ratton/ Rodmill

## Dan and Rebekah Fairhead



We always begin with refreshments and a chat, catching up with each other. We spend time studying the Bible together and end our meeting with a time of prayer for each other, the church and the wider world.

We have a life group social together at least once a term to which any family members are also welcome.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Every Wednesday 7.45pm  
Old Town

## Lester Miller and Mark Evason



We meet together at Church, and chat until all have arrived. We tend to study the topic which has been covered in the service the previous Sunday, following the VBC notes, though we often digress! We complete the session with a time of prayer, followed by refreshments. Occasionally we celebrate Communion. We also love to go out for a meal which is always a great time of fellowship..

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN** Monday afternoons at VBC from  
: 2.00pm. 2nd and 4th weeks

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## Colin and Chris McMahon



This group has been running for a long while and there is a strong sense of friendship between all the group. Following a time of sharing, encouraging and exploring God's Word, we invariably feel uplifted and so pleased to have made the effort to be there - a time of social interaction and spiritual nourishment, mixed with a lot of fun and laughter.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN** Wednesday 7.30 pm fortnightly  
Old Town



## Linda Hardman

We meet at the church and start our time together with coffee and tea, then we value the opportunity to study and pray together. We do not have one specific leader, and different members of the group share the facilitation each week. We endeavour to encourage each other and help one another grow in our spiritual lives. We also enjoy social activities.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Monday 10.15am weekly  
@VBC



## Paula Burr

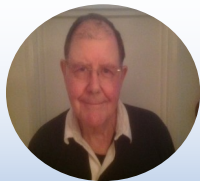
Paula runs an afternoon group **at VBC** for those who can't get out in the evenings. All are welcome.

The group follows the teaching on a Sunday and explores the issues raised.

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN** 2nd + 4th Wednesday afternoons  
2.30pm @VBC

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## Francis Bates

We are a large group considering the possibility of dividing. We meet to encourage and strengthen one another in our faith, through fellowship prayer and Bible study following Jez's church study notes. We also enjoy social activities together - usually involving food.'

**Contact:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** 1st and 3rd Wednesday 2.pm  
@VBC Except August



## Ladies Bible Study

The morning starts with tea, coffee, cake and chat followed by a Bible study. The group choose the books of the Bible they would like to look at and all contribute to the discussions. It finishes with prayer and more chat! This is a welcoming and supportive group of ladies. Particularly for those who are new to the Christian faith or the church. We

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:** Thursday Morning @VBC 9.30am  
Garden Room. Term time



## OMEGA—18-35 group

This started as a post Alpha group. All in the age bracket are welcome. It is an evening of games, craft, a meal and some Bible study / discussion. Tim and Ruth Nunn oversee the group and act as mentors.

**CONTACT:** [tim@victoriabaptist.org.uk](mailto:tim@victoriabaptist.org.uk)

**WHEN :** Fortnightly on a Thursday 6pm

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We are looking to start new daytime and evening Life Groups this year. Please see Jez if interested in being part of it.

**Contact:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

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**WHEN**

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**WHEN**



This is our parent and toddler group on a **Wednesday and Friday morning @10am**. Free play, games, story time and singing, all with a Christian heart. A perfect time for mums and dads and even grandparents to catch up whilst the toddlers play.

**CONTACT:** [Simon@victoriabaptist.org.uk](mailto:Simon@victoriabaptist.org.uk)  
[emily@victoriabaptist.org.uk](mailto:emily@victoriabaptist.org.uk)

**WHEN:** Wednesdays and Fridays 10am

## Sunday Morning @VBC



Our Children and Families Worker leads our 0-11 ministries with provision on Sunday morning from crèche to year 6. On a Sunday children share time in church with the family of God before leaving to study God's word in age appropriate ways. Usually lots of fun and games are part of the morning.

**CONTACT:** [Simon@victoriabaptist.org.uk](mailto:Simon@victoriabaptist.org.uk)  
[emily@victoriabaptist.org.uk](mailto:emily@victoriabaptist.org.uk)

**WHEN:** Sundays @10am

## Friday Kids Club



The vision of Friday night Kids Club is to have fun in a safe environment. There is always lots to do. Fun and games, with crafts and sport. For all children of primary school age.

**CONTACT:** [Simon@victoriabaptist.org.uk](mailto:Simon@victoriabaptist.org.uk)  
[emily@victoriabaptist.org.uk](mailto:emily@victoriabaptist.org.uk)

**WHEN:** Fridays @ 5-6.30pm

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## Sunday morning youth work

Our Youth worker Leads **XCAV8** youth work for 11-18s. On a Sunday they meet together in the Garden Room after first being in church. There are usually two groups, school years 7-9 and 10-13. Various Biblical themes or books are studied. The aim is to develop a closer walk with Jesus and deepen our young people's faith and knowledge of scripture.

**CONTACT:** [emily@victoriabaptist.org.uk](mailto:emily@victoriabaptist.org.uk)

**WHEN:** Sunday @10am



## Sunday evening youth work

**XCAV8** is our Sunday evening for school year 11+. They meet in the Garden Room and have a time of fun and games plus some serious study on Biblical themes appropriate to their time in life. Older youth are encouraged to develop their gifts and use them in church, such as musicianship, technical desk, reading and prayer. God's Word is at the heart of our Sunday times together.

**CONTACT:** [emily@victoriabaptist.org.uk](mailto:emily@victoriabaptist.org.uk)

**WHEN:** Sunday @7pm



## Friday evening youth work

**XPECT** is our 11-14 youth work programme. On a Friday they meet for fun and games at the church. A mixture of sport, team and individual activities to help develop strong friendships and introduce people to Jesus in a relaxed and social manner.

**CONTACT:** [emily@victoriabaptist.org.uk](mailto:emily@victoriabaptist.org.uk)

**WHEN:** Friday @7pm

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## The Girls' Brigade

The church has a thriving Girls Brigade for all girls of school age. It is a safe place to do crafts, play games and learn the discipline of a uniformed service as well as the love of Jesus. Bible stories and teaching are at the heart of what is done. Girls work towards badges in different skills.

**CONTACT** [helpdesk@victoriabaptist.org.uk](mailto:helpdesk@victoriabaptist.org.uk)

**WHEN:** Mondays from 5pm



## The Boy's Brigade

The church runs a successful Boy's Brigade where boys of school age can participate in traditional uniformed activities such as drill, as well as play games, sports and develop new skills and work towards badges. Our Youth Worker is the chaplain and teaches short Biblical messages each week.

**CONTACT** [helpdesk@victoriabaptist.org.uk](mailto:helpdesk@victoriabaptist.org.uk)

**WHEN:** Wednesdays from 5pm

**CONTACT:** [jez@victoriabaptist.org.uk](mailto:jez@victoriabaptist.org.uk)

**WHEN:**

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## Men's Prayer Group

We pray for our church, our town and our nation and the world of which we are a part. A vibrant time of prayer for those who like early mornings (or not!).

**WHERE:** VBC, Eldon Rd, BN21 1UE

**CONTACT:** 01323 737974

**WHEN:** : Weekly on a Thursday, 7.30am  
helpdesk@victoriabaptist.org.uk



## Prayer for Ukraine

The church supports a mission centre in Lebedyn, Ukraine. We meet to pray for them every Thursday. VBC is their sister church. Since the start of the war we have been praying weekly.

**WHERE:** VBC, Eldon Road, BN21 1UE

**CONTACT:** 01323 737974

**WHEN:** Weekly on a Thursday, 7.30pm  
helpdesk@victoriabaptist.org.uk

## Wednesday Morning Prayer meeting



For the very early risers we have a prayer meeting at **7am every Wednesday** in the church sanctuary.

All are welcome. The purpose is to pray for town, our nation, revival and so much more!

**WHERE:** VBC, Eldon Road, BN21 1UE

**CONTACT:** 01323 737974

**WHEN:** Weekly on a Wednesdays 7am  
helpdesk@victoriabaptist.org.uk

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## Outreach Prayer Meeting

A vibrant prayer time led by Tim, our ministry assistant responsible for discipleship. We pray for the ministries of the church and for individuals. The purpose is to see God working in the lives of people in the community.

**WHERE:** VBC, Eldon Road, BN21 1UE

**WHEN:** Friday morning 10am –11am



## Ladies Fellowship

A time for women to gather and worship together in an informal style service with informative talks from guest speakers as well as time to chat over tea, coffee and biscuits. All ladies welcome.

**WHERE:** VBC, Eldon Road, BN21 1UE

**CONTACT:** 01323 737974

**WHEN:** Thursdays 2.30pm @ VBC  
helpdesk@victoriabaptist.org.uk



## Men's Fellowship

We begin our get together with a time for informal fellowship, then refreshments and chat from 9:45 in the Small Hall. At 10:15 we have a time of worship, then our guest speaker is welcomed to talk on their chosen topic. Question time follows. Our meeting finishes about 11:30.

**WHERE:** VBC, Eldon Road, BN21 1UE

**CONTACT:** 01323 737974

**WHEN:** 1st and 3rd Thursday 9.45am  
helpdesk@victoriabaptist.org.uk

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## Friends, Food and Fellowship

Enjoy amazing food at low prices, spend time with friends and meet new friends. Enjoy a short time of worship and reflection. Aimed at those who are retired or available at this time. Come and join the fun.

**WHERE:** VBC, Eldon Road, BN21 1UE

**WHEN:** 3rd Friday in the month. 12.30pm

**CONTACT:** 01323 737974

## Flow Café



**Flow Café**

**With BSL Café**

A drop-in café with:

- cakes, crafts and sausage or bacon butties.
- Relax and chat with your friends
- Craft activities for children
- Raising awareness and funds for local charities

**WHERE:** VBC, Eldon Road, BN21

**WHEN:** Second Saturday of the month  
10am – Noon

## Christians Against Poverty

christians  
against  
poverty

**CAP**

VBC runs a Debt Centre in conjunction with **Christians Against Poverty**. Phil Papps is our Debt Centre manager assisted by Nadine our Debt Coach. If you are struggling with debt or have issues with money, we can support you to achieve greater financial certainty. So far we have helped over 20 people become debt free!

**CONTACT:** philpapps@capuk.org

**WHEN:** By appointment

**WHERE:** VBC

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## The Community Fridge



Our Community Fridge is for anyone, whether struggling financially or just don't want to see food wasted. Come along and see what we have. Ten grocery items for £2. Plus free coffee and biscuits and a time to catch up and chat. Come and join the fun. Arrive early to catch a bargain!

**WHEN :** Wednesdays 8.15 –9.45am @ VBC

## The Bible Academy



### **Bible Academy. Runs annually**

There are currently TWO courses. (six weeks each)

1. Bible basics. Good for new believers or those wanting an overview of the Bible.
2. Deep dive. Looks more closely at doctrines of faith.

**CONTACT:** Jez@victoriabaptist.org.uk

**WHEN:** As advertised

## The Alpha Course



**Alpha** is an 11 week course that enables you to explore the big questions of life in an informal and relaxed atmosphere. It usually involves a meal first, then a short video or talk and finally group discussions.

It's great for those wanting to discover about Jesus and faith, or even those who need a refresher.

**CONTACT:** Tim@victoriabaptist.org.uk

**WHEN:** 2 –3 times a year

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## The VBC Events Team



Do you like supporting community events and being a witness for Jesus at the same time? Our events team stewards and marshalls at local events in conjunction with the local council such as the carnival, bonfire parade, the half marathon etc. You get to wear a nice HI Viz with VBC on the back!

**CONTACT:** 01323 737974 [helpdesk@victoriabaptist.org.uk](mailto:helpdesk@victoriabaptist.org.uk)

## Coffee Ministry



We are always looking for people to join the coffee rota and support the Sunday morning ministry. It involves arriving at about 9.20, setting up and making the coffee before the service and serving afterwards. It is quite simple and full training is given. Those on duty will buy the milk needed.

**CONTACT:** [Sandra@victoriabaptist.org.uk](mailto:Sandra@victoriabaptist.org.uk)

## Flower Ministry



Do you have a talent for flower arranging? Would you like to be part of the team that buys and arranges flowers for Sunday morning?

Could you donate money one week to purchase flowers? Are you available to deliver flowers to church members on a Monday?

**CONTACT:** [Sandra@victoriabaptist.org.uk](mailto:Sandra@victoriabaptist.org.uk)

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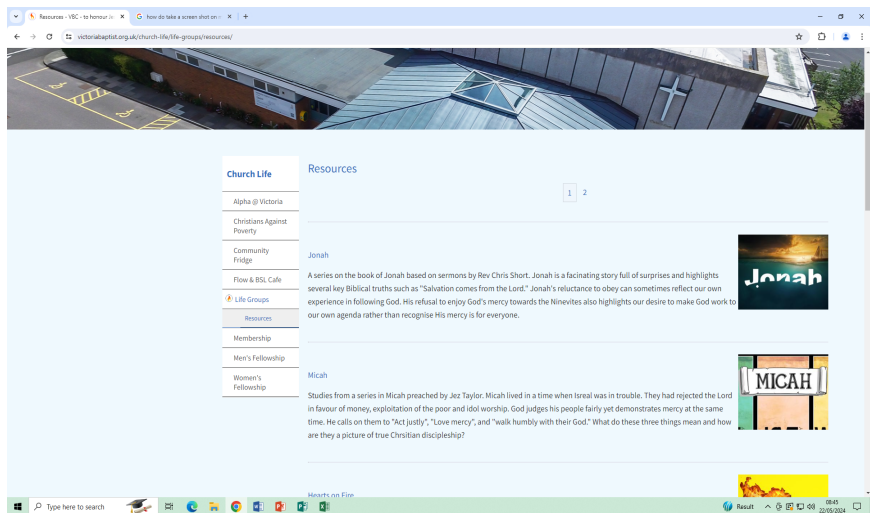
**CONTACT:** 01323 737974 [helpdesk@victoriabaptist.org.uk](mailto:helpdesk@victoriabaptist.org.uk)

**CONTACT:**

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All our Life Group Bible study notes are available from our website as PDFs to download.

[www.victoriabaptist.org.uk/church-life/life-groups/resources](http://www.victoriabaptist.org.uk/church-life/life-groups/resources)



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