



LIFE GROUP NOTES

Week Beginning: 21 May 2023



Hebrews 1:1-3 The Essential Jesus - Introduction

Warm Up

Have you ever experienced hostility towards you because of your Christian faith?
What form did it take? How did it affect you? How did you respond?

Background and context

Society is changing in ways that may make it more challenging to witness to the Lord Jesus.
How have you seen it change? Are any changes for the better?

Thinking it through: Main discussion/activity



What are the surprising things in the passage? What is new? What don't you really understand? This could be a time to discuss and share reflections and ideas on the passage or watch a Bible project type video that helps explain things.

1. What do you understand by the phrase, "Whom He appointed *heir of all things* and *through whom He made the universe*"?
2. What aspect of Jesus character revealed in the gospels do you find most appealing and what aspect do you find most disturbing/uncomfortable?
3. How would you like to be more like Jesus?
4. Read 1 John 1:8-10. Why do you think people are so reluctant to confess their sins?
5. What kind of behaviour should characterise people who have received the forgiveness of sins and purification from all unrighteousness?
6. In what ways do you think Jesus being honoured in Eastbourne and beyond is good news for people?



Growing in discipleship: Practical application

How, and with whom, can you communicate that Jesus is good news for everyone?
How is He good news for your neighbours, colleagues, children, family and friends?



Try to leave 15-20 mins to talk about prayer needs of the group and to pray.

We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together: writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.