

Psalm 6

**For the director of music. With stringed instruments.
According to *sheminith*. A psalm of David.**

¹ LORD, do not rebuke me in your anger
or discipline me in your wrath.

² Have mercy on me, LORD, for I am faint;
heal me, LORD, for my bones are in agony.

³ My soul is in deep anguish.
How long, LORD, how long?

⁴ Turn, LORD, and deliver me;
save me because of your unfailing love.

⁵ Among the dead no one proclaims your name.
Who praises you from the grave?

⁶ I am worn out from my groaning.

All night long I flood my bed with weeping
and drench my couch with tears.

⁷ My eyes grow weak with sorrow;
they fail because of all my foes.

⁸ Away from me, all you who do evil,
for the LORD has heard my weeping.

⁹ The LORD has heard my cry for mercy;
the LORD accepts my prayer.

¹⁰ All my enemies will be overwhelmed with shame and
anguish;

they will turn back and suddenly be put to shame.