



LIFE GROUP PLANNING

Week: 29th May 2022



Aim of session:

What might God want to say to the group?

This session is based on the sermon of Neil Hilton from Good News Brighton. Neil was a former youth worker at VBC. He now leads a charity and church that work in Moulsecoomb, Brighton.

Key Scriptures

If you have access to a commentary read some background to get context.

Matthew 5:13-16

Warm Up

Has anyone eaten Biltong/jerky? What was it like?

What is the weirdest food you have eaten?
Was it good or not?

What is your favourite food? Why?

Thinking it through: Main discussion/activity

What are the surprising things in the passage? What is new? What don't you really understand? This could be a time to discuss and share reflections and ideas on the passage or watch a Bible project type video that helps explain things.

1. Was Jesus a radical person? In what way was he radical? (if you thought he was)
2. What made Jesus different from other spiritual teachers of His day?
3. If Jesus were in human form on earth today, what would He need to do to get His message across?
4. Do you know of any Christians who have done radical things to change the world for the better?
5. Did God receive glory as a result of their actions?

Growing in discipleship: Practical application

6. What areas of your life do you feel "salty" and your "light" is shining?
7. Where in your life do you find it hard to be "salty" and a "light"?
8. What would help you become more salty or shine more brightly?
9. Think of ways your group could become more salty or shine more brightly, together.



Try to leave 15-20 mins to talk about prayer needs of the group and to pray.

We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together: writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.